

ANIMAL HEALTH CENTRE

JULY 2010

Welcome to our first Newsletter for 2010. We hope you enjoy the contents, and welcome any feedback you may have, if there is anything that you would like us to feature in future newsletters please let us know.

For the love of animals,
the team at the Animal Health Centre.



OPEN 7 DAYS

Monday to Friday 8.00am - 6.00pm
Saturday & Sunday 8.00am - 4.00pm

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ANIMAL HEALTH CENTRE PRODUCT PRICE LIST

chicken necks \$1.50 (500g)
chicken medallions \$5.00 (1kg)
Tripe medallions \$3.70 (1kg)
Green tripe \$3.00 (1kg)
Mighty mix Concentrate \$6.20 (1kg)
Minced heart \$3.50 (1kg)
Minced veal \$9.50 (1kg)
Organic lamb brisket bones \$2.50
Organic mince tubes \$5.50 (500g)
Organic sausages \$9.80 (1kg)
Possum patties \$9.50 (1kg)
Purely pets sausages \$6.80 (1kg)
Rabbit medallions \$12.30 (1kg)
Beef & Game medallions \$10.20 (1kg)
Veal Bones \$1.80
Venison medallions \$9.50 (1kg)

Blakes bikkits \$22.00 (1kg)
Dog cookie treats \$19.80 (1kg)
Mighty mix biscuits \$8.50 (1kg)
Mighty mix biscuits \$65.00 (10kg)

Organix canine \$29.40 (1.36kg)
Organix canine \$54.00 (2.72kg)
Organix feline \$36.80 (1.36kg)
Organix feline \$66.30 (2.72kg)
Tukka thyme \$9.80 (1kg)
Tukka thyme \$37.40 (5kg)
Veganpet canine \$25.25 (1kg)
Veganpet feline \$26.25 (1kg)
Ziwipeak canine \$6.00 (385g)
Ziwipeak feline \$3.00 (185g)

Dog shampoo \$24.20 (500ml)
Dog conditioner \$24.20 (500ml)
Dog shampoo bar \$10.90
Flee Flea \$14.20 (225g)
Cat shampoo \$18.70 (250ml)

**PLUS MUCH MORE NATURAL,
PRESERVATIVE & ADDITIVE FREE
PRODUCTS AVAILABLE IN STORE.**

Recipe



ALKALISING BROTH

This powerful healing broth is rich in potassium, sodium, calcium, iron, manganese and chlorine.

I love this broth myself, and have found it particularly useful for pets recovering from serious illnesses such as parvovirus or poisonings.

Use *celery, carrots, spinach, parsley, onion, 2 new potatoes (including the skin)*.

Chop fine, cover and simmer for 30 minutes in filtered water. Strain and serve warm. This broth can be frozen and re-heated. A little meat juice from chicken, soy sauce or Vegemite may be added for palatability, especially for cats.

Juicing:

The most alkalising-forming juices are fig juice, green juices of all green vegetables and tops, carrots, beets, celery, pineapple and citrus juices.



Apple Cider Vinegar (ACV)

Apple Cider Vinegar is a type of vinegar made by fermentation of apple cider. The health giving properties in ACV are retained in its unfiltered and unpasteurised state. It is unusually rich in potassium (keeps cells hydrated), enzymes, and other minerals including Selenium (lacking in NZ soils). It has a reputation for destroying harmful gut bacteria, and if used with kelp, vitamin B6 and lecithin, it is said to facilitate weight loss by speeding up the metabolism helping burn fat faster. ACV plays a role in the management of diabetes, lowering blood glucose levels. The acetic acid in the Apple Cider Vinegar is thought to slow digestion, thus reducing the glycaemic response to starchy foods. As a stock drench it is very good for aiding digestion, building resistance to parasites and infection, helping to both prevent and cure, scours, mastitis, grass staggers and anaemia. It also increases wool yields and milk production, and can boost virility and fertility.

ACV can be sprayed onto feed, added to the drinking troughs or combined with herbal preparations when drenching for parasites or homeopathically when using the vaccination nosode.

Recommended weekly dosage:

Dogs, Lambs and Goats	10mls
Hoggets, Ewes and Pigs	20mls
Calves	25mls
Deer	50mls
Cattle	100mls
Horses	150mls

An herbal stock drench can be made up using 1kg of fresh herbs to 20 litres of ACV. Brew for no less than 2 weeks in a warm place, stirring daily. Strain and store in a dark place - will keep indefinitely.

Herbs to add to ACV for parasite cleansing:

Wormwood, Tansy, Stinging Nettle, Nasturtium, Pumpkin Seeds.

General tonic herbs: Dandelion, Plantain, Chickweed, Borage.

Calming Herbs: Chamomile (flowers), Valerian (root).



Mention our newsletter when you come into the Animal Health Centre and get

10% off Organic Apple Cider Vinegar 250ml bottle.

offer valid for the month of July

CHOOKIES

NZ was one of the last countries in the world to import the chookie in 1769 along with the pig.. There are 'light breeds' and 'dual purpose' breeds. The light breeds tend to be flightier and seldom go clucky (the Shavers, Ross Browns, Leghorns, and the only really brown egg layer of the light breeds, the Dutch Welsummer). Dual purpose (ie for eggs and table) include the Australorpe, the Orpington (good winter layer) and the American breeds which generally have a yellow flesh – the Rhode Island Red, Plymouth Rock and Wyndotte. The Barnevelder has a very dark brown egg and the Campine makes rapid growth

If children want Dr Zuess green eggs, the chookie for them is the Araucana.

Caring for your Chookies:

All chookies should receive a little organic apple cider vinegar in their water daily. Chickens grow faster, feather out quicker, are hardier and larger.

A few drops of the Animal Health Center's Worm Control in the water helps keep the worms at bay, Lice - these can kill suddenly, chooks may appear sleepy, refuse to eat, waste away or lose their head feathers. Clean the hen-house out using a hot lime wash, use green alder twigs, eucalyptus leaves, GREEN pine needles, hang handfuls of wild thyme, apply kerosene to the perches.

Red mites cause scaling on the legs and combs can be successfully treated with applying paraffin oil to the affected part. The Centre has a homeopathic combination to add to drinking water until the condition has cleared.

Give fresh water and greens daily (any of your vegetables, dandelion, puwaha, watercress, chickweed, groundsel, overgrown zucchinis, overripe pumpkin.) Ensure sea sand grit is always available for the mineral content.

Chookies should lay eggs with a firm shell and golden yellow yolk. The digestibility of these eggs will be enhanced if your hens are allowed to run with a rooster. Hens that go clucky can be easily removed to a small coup without a nest box, this will put a stop to her maternal intent within a few days.

Sandy Urwin
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On Radio Live last Saturday of each month 8pm.

